



# Zoom Group Fitness Classes SCC Fitness Center

**Mon**

**T'ai Chi 8am**  
Passcode: taichi!  
<https://us02web.zoom.us/j/83325232499?pwd=WXJwTGpLK3Fqb01taXIWSnNrSUdxQT09>

**Tue**

**Moving to Music 9:30-10:15**  
Passcode: 947189  
<https://us02web.zoom.us/j/82082533872>

**Thu**

**T'ai Chi 3pm**  
Passcode: taichi!  
<https://us02web.zoom.us/j/83027561334?pwd=WCtLcmZvNnR6RlFOtENWUllweGI5UT09>

**Fri**

**Moving to Music 9:30-10:15**  
Passcode: 947189  
<https://us02web.zoom.us/j/82082533872>

**Weekly**

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**Pilates, Zumba, Strength Training,  
Barre, and much more**  
Featuring our FWC Instructors

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<https://support.zoom.us/hc/en-us/categories/200101697-Getting-Started>