Spring 2022 Enrollment Options

Credit Options
HYBRID CLASS. Blends classroom and online instruction/activities to receive a LETTER GRADE with college credit. Students will complete academic requirements through Canvas and record required exercised hours that may be performed off campus or at the SCC Fitness Center.
STUDENTS MUST COMPLETE ALL HOURS BY MON 5/9!

<table>
<thead>
<tr>
<th>Cr</th>
<th>PED-101-FL Fitness For Life 2Cr</th>
<th>PED-115 Lifetime Fitness</th>
</tr>
</thead>
<tbody>
<tr>
<td>31252</td>
<td>1/18/22 - 5/13/22</td>
<td>30892</td>
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<td>1/18/22 - 5/13/22</td>
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Non-Credit Options
Minimum age is 16. Parent or legal guardian of a minor must sign consent forms. To register, call Admissions and Records at (480) 423-6100. Walk-in orientations welcomed.

<table>
<thead>
<tr>
<th>4 month</th>
<th>$89.00</th>
<th>12 month</th>
<th>$239.00</th>
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<tbody>
<tr>
<td>34026</td>
<td>1/1/22 - 5/14/22</td>
<td>34006</td>
<td>1/2/22 - 1/14/23</td>
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<td>34028</td>
<td>1/15/22 - 5/31/22</td>
<td>34014</td>
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<td>34029</td>
<td>2/1/22 - 6/14/22</td>
<td>34015</td>
<td>2/1/22 - 2/14/23</td>
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<td>34016</td>
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<td>34017</td>
<td>3/1/22 - 3/14/23</td>
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<td>34018</td>
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<td>4/1/22 - 8/14/22</td>
<td>34019</td>
<td>4/1/22 - 4/14/23</td>
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Guest Passes
Pay at front desk: card, check, cash
- One day $5
- One week $15
- One month $25

Hours of Operation
Please note afternoon closure
- Mon- Fri 6am-1pm; 4pm-8pm
- Sat 7am-1pm
- Sun closed
Policies and Procedures

- Face coverings are required.
- Please practice social distancing.
- Appointments required for all Group Exercise Classes, no walk-ins.
  - Link is available on our website: https://www.scottsdalecc.edu/fitness-center
  - Sign up from 48 hours to 5 minutes before
  - Maximum of one class per day.
- Before arriving at the Fitness Center, please be symptom free.
- Members must clean equipment and day lockers after each use.
- No towel service is available.
- Bathrooms, locker rooms, and showers are available, but please bring your own lock and towel.
- One-on-one programs, manual blood pressures, and workout-program filing cabinet are not available at this time.
- Hours of operation are:
  - Monday - Friday 6am - 1 pm; 4pm-8pm
  - Saturday 7am - 1pm
  - Sunday closed
- To register for 4 month or 12 month enrollment, call Admissions and Records at (480) 423-6100.
  - For enrollment options, please visit our website.
  - Day, week, and one month passes available to purchase at the Fitness Center front desk.
- If you have gym benefits under your Medicare supplement plan or work insurance, please visit the front desk or email Heather at heather.demeritte@scottsdalecc.edu
- If you are an SRPMIC tribal member, please visit our website for details on how to receive a membership waiver or email Heather at heather.demeritte@scottsdalecc.edu