

## PSY 218 Health Psychology

### Requirements For Monthly Assignments

#### MONTHLY ASSIGNMENT DUE DATES:

Assignment #1 is due on **Thursday, February 24<sup>th</sup>, 2005.**

Assignment #2 is due on **Thursday, March 31<sup>st</sup>, 2005.**

Assignment #3 is due on **Thursday, April 28<sup>th</sup>, 2005.**

#### VALUE OF ASSIGNMENTS:

Each assignment is worth a maximum of 10 points. Points are deducted for incomplete assignment and for incomplete references. In addition, one point will be deducted for each class period after the due date for which the assignment is turned in late.

#### FORMAT FOR ASSIGNMENTS:

All assignments must be **typed, double-spaced** on 8½ " x 11" white paper. Place your name in the upper right-hand corner of your paper. If there are multiple pages, then the pages must be **stapled** in the upper left-hand corner. Plagiarism (copying from another source) is grounds for a paper to be rejected. **Papers that do not follow these format criteria will not be accepted.**

#### ASSIGNMENT OPTIONS:

1. **Health Psychology Magazines / Journals or Class Handouts.**  
Choose an article or research study from one of the magazines or journals located in the ISL, or from one of the handouts given in class. Summarize the article or study in your own words and provide your reactions and/or opinions. Use appropriate references for the article or research study in your write-up.
2. **Choose Your Own Article or Research Study.**  
Select an article or research study published in an "upstanding" magazine, newspaper, or journal of your choice. Write a summary of the article or study in your own words and include your reactions and/or opinions. Staple a copy of the article/research study to your write-up. Include appropriate references for the article or research study in your write-up.