

## **PSY 218 Health Psychology**

### **Extra Credit**

In order to obtain extra credit, you must do an activity related to psychology. This activity can consist of either 1) completing health psychology crossword puzzles, 2) attending a lecture on psychology, or 3) watching a video tape on a psychology topic in the ISL. You can obtain **no more than 9 points of extra credit**. Any one activity, if done correctly, can obtain the maximum of 9 points, however, if you do not obtain the full 9 points, you can do as many activities as necessary to reach this maximum. **All extra credit assignment is due NO LATER THAN Thursday, April 14<sup>th</sup>, 2005**.

#### 1. **Crossword Puzzles**

If you wish to do this extra credit opportunity, ask Dr. Gray for the Health Psychology Crossword Puzzles. Each puzzle corresponds to a topic discussed in this course. There are 9 puzzles total. Each puzzle is worth 1 point for completing it correctly and turning it in to Dr. Gray (therefore there are 9 points total that can be obtained for extra credit).

#### 2. **Attending a Speech Related to Psychology**

Throughout the semester Scottsdale Community College and the community at large offer several lectures which are related to topics within the field of psychology. These lectures will be announced during class time. With approval, you may attend a presentation that has not been announced, if relevant to the class. If you are unsure whether or not a presentation is acceptable for extra credit, check with Dr. Gray. After the presentation is over, you must write a summary of the speech you heard and include your own comments and opinions about the presentation.

#### 3. **Watching a Video Tape in the ISL or a Movie on a Psychology Topic**

Go to the ISL and ask the lab technician to help you select a video tape of interest to you. You may also watch a movie with permission of Dr. Gray. After watching the video/movie, you must write a summary of the video/movie you watched and include your own comments and opinions about the presentation.